**Our proposed itinerary for the week of March 10th – 14th.**

**Leave Chapel Hill on Sunday March 9th to drive to Asheville, AB Tech Hospitality Lodge**

**AB Tech Community College**

**Moutain Tech Lodge Magnolia Building on Second Floor**

**340 Victoria Road**

**Asheville, NC 28801**

Students and volunteers will be staying at AB Tech Lodge, Christy Greer is manager. Phone (828) 398-7248 (Monday – Thursday evenings after 5pm to 8pm) Call campus police on weekends to be let in (828) 279-3166. mountaintechlodge@abtech.edu

Here is a photo link of what the rooms look like at AB Tech Lodge <https://photos.app.goo.gl/s7RJ6y1r9BTCzcCJ7>

Below is our itinerary for each day and I created a google maps for each location

See google maps link and notes on each location:

<https://maps.app.goo.gl/S1gcdFKTnH7Arzcp7>

**Monday, March 10, 2025**  **- Community Center, Bakersville, NC (42 miles – leave 2 hours early) will be a long day, stop in Burnsville for dinner on way back? Arrive at 11:00 AM to set up and free health screening from noon to 5:00 pm. Health fair will be in an old school gymnasium**

**Buladean Community Center**

**12190 NC-226**

**Bakersville, NC 28705**

Contact: Vicki Garland Clinic Coordinator phone 828 385-4303

Amanda Martin North, MHA, Executive Director Center for Rural Health Innovation

amanda.north@crhi.org

Working throughout the week with Grassroots Aid Partnership (fresh produce, propane, donated goods etc). GrassrootsAidPartnership.org 2992 US 70, Black Mountain, NC 28711

Tenali Hrenak – Project Manager (530) 305-3761 Tenali@GrassrootsAidPartnership.org

Clara (914)406-9871 GAP volunteer organizer (reach out to after March 1st)

Hearts With Hands, volunteer group in Swannanoa heartswithhands.org

**Tuesday, March 11, 2025** We may spend one day at Prospect Behavioral Pediatrics and Psychiatry clinic in Arden, NC. <https://www.prospectasheville.com/>

 600 Julian Ln Ste 640, Arden, NC 28704

* Dr. Angela (Angie) Trombley, has graciously agreed to be the WNC PMHNP/mental health expert contact for the Spring 2025 service-learning trip. Dr. Trombley lives in WNC, is a nurse faculty leader at Western Carolina University, and is the chair of the NCNA Psych Council. She and her husband, Dr. Paul Trombley, own and practice in Prospect Behavioral Pediatrics and Psychiatry clinic in Arden, NC.
* Email = atrombley@wcu.edu

(We will be offering health screenings and school/sports physicals to their clients – small space. Only ½ the team needs to come. We will arrive at noon to set up lunch for staff, meet with staff and have lunch at 1:00 pm and then see patients up to closing (7:00 pm).

**Wednesday, March 12, 2025**

NeighborCare a National Association of Free and Charitable Clinics partner (Swannanoa Valley Christian Ministry) that we intend to do a Wednesday health outreach on Wednesday 9:00 to 3:00. See flyer – set up for this at 8:15 as is outdoors.

Crystal Shirk, MS, LAT, ATC

NeighborCare Practice Manager (Wed 9am to noon)
Swannanoa Valley Christian Ministry (set up is in the clinic parking lot in the back)

828-419-0439

[www.svcmblackmountain.org](http://www.svcmblackmountain.org/)

[SVCM NeighborCare](https://www.bing.com/ck/a?!&&p=a3258cf6f730c32e709a92e78497252d88539bbb2864b8720230cb2dfd41b280JmltdHM9MTczMzk2MTYwMA&ptn=3&ver=2&hsh=4&fclid=2aea7958-5cbb-643a-373b-6c125d6d6585&psq=swannanoa+valley+neighborcare&u=a1aHR0cHM6Ly93d3cuc3ZjbWJsYWNrbW91bnRhaW4ub3JnL3N2Y20tbmVpZ2hib3JjYXJlLWNsaW5pYw&ntb=1)

101 N Ridgeway Ave, Black Mountain, NC 28711

**Thursday, March 13, 2025**

1. **Transformational Village for women and children** [**https://www.abccm.org/ministry-services/transformation-village/**](https://www.abccm.org/ministry-services/transformation-village/)9:00 Am to noon we are offering Women’s Health workshop for staff and residents on self-care.\* <https://www.abccm.org/>

Director is Carolyn Cronin –carolyn.cronin carolyn.cronin@abccm.org

 Thursday morning (9am to noon) we will be doing a Women’s health Self-care, wellness class for staff and residents. We will plan on having lunch there at noon.

**\*Address and time confirmed: Transformational Village 30 Olin Haven Way Asheville, NC, 28806**

1. **We are planning to be at** [**Reynolds Baptist Church in Fairview, NC**](https://www.reynoldsbaptistchurch.org/) **on Thursday, March 13th arrive by 2:00 pm to set up then Health Fair 3:00 pm to 7:00 pm**. ***Reynolds Baptist Church*** *520 Rose Hill Road, Asheville, NC  28803*

Contact - Christy Andrews, MSN, RN

christycandrews@abtech.edu

\*Focus will be on migrant Latino health per information provided about communities surrounding this area.

**Friday, March 14, 2025**.

Check out of AB Tech Lodge is by 9:00 AM

 After our discussion with ABC Christian Ministries in Asheville, NC our team is able to do a day of service with:

ABCCM Crisis Ministry <https://www.abccm.org/ministry-services/crisis/>

Director is Brook Smith (Brooke Smith brooke.smith@abccm.org)

Downtown ABCCM Crisis Ministry

 24 Cumberland Ave, Asheville, NC 28801

Health fair is 10:00 am to 2:00 pm. Arrive and set up at 9:15 am.

Return back to Chapel Hill that evening.